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## ***DISCOVER MYANMAR FOR THE AIIAV STUDY TOUR (20 April – 04 May 2013)***

### **ITINERARY**

- 20APR13** **YANGON** **[-/-/]**  
**Saturday** Upon arrival at YANGON airport, you will be welcomed by your guide and transferred to your hotel.  
Rest at leisure  
*Overnight at Traders Hotel, Yangon (Traders club room)  
223 Sule Pagoda Road, Ph:(+95) 1 242828*
- 21APR13** **YANGON** **[B=BREAKFAST /L=LUNCH/D=DINNER]**  
**Sunday** After breakfast, your journey begins with tour through Yangon. Visit first SULE PAGODA, dating back over 2,000 years. From there proceed to the magnificent reclining Buddha at CHAUK HTAT GYI. Then proceed to National Museum to admire the 8 meter high Golden Lion Throne as well as the Mandalay Royal Regalia at the NATIONAL MUSEUM (**closed on Monday, Tuesday**). Lunch will be served at local restaurant.  
Complete your extended visit to one of the world's most spectacular monuments, the SHWEDAGON PAGODA.  
Breakfast and lunch included.  
Tour preview with Tour leader at hotel.  
Dinner at leisure.  
*Overnight at Traders Hotel, Yangon*
- 22APR13** **YANGON** **[B/-/-]**  
**Monday** Breakfast at hotel.  
Full day meetings. Lunch at your own account.  
Bus provided.  
Welcome Dinner.  
*Overnight at Traders Hotel, Yangon*
- 23APR13** **YANGON** **[B/-/]**  
**Tuesday** Breakfast at hotel.  
Full day meetings  
Bus provided.  
Lunch is on your own account.  
*Overnight at Traders Hotel, Yangon*



- 24APR13** **YANGON - NAYPYIDAW** **[B/-/-]**  
**Wednesday** Breakfast at hotel. Drive (410 Km – 5 ½ hr) to Naypyidaw, Myanmar’s capital. Lunch and dinner are on your own account.  
*Overnight at Aureum Palace Hotel & Resort (Executive Deluxe) in Naypyidaw No.1, Hotel Zone, Yar Za Htar Ni Road Ph: (+95) 67 420746*
- 25APR13** **NAYPYIDAW** **[B/-/-]**  
**Thursday** Breakfast at hotel.  
Bus remains at your entire disposal.  
Full day meetings.  
Lunch and dinner are on your own account.  
*Overnight at Aureum Palace Hotel & Resort, Naypyidaw*
- 26APR13** **NAYPYIDAW - BAGAN** **[B/-/-]**  
**Friday** After breakfast, drive (427 Km – 6 ½ hr) to Bagan.  
Lunch and dinner are on your own account.  
*Overnight at Myanmar Treasure Resort, Bagan (Superior) Khayay Road, Anawratha Quarter, Ph: (+95) 61 65442*
- 27APR13** **BAGAN** **[B-/L-/D]**  
**Saturday** After breakfast, start with visiting the most significant pagodas and temples of Bagan: including SHWEZIGON PAGODA, built by King Anawrahta in the early 11th century as a religious shrine; BU LEI THEE PAGODA, noted for its panoramic view of the area’s numerous monuments and ANANDA TEMPLE, with four standing Buddha images.  
After lunch at local restaurant, you will learn the way of manufacturing one of Myanmar’s most treasured handicrafts and visit a lacquer ware craftsmen’s workshop in nearby MYINKABA village. Later continue to MANUHA TEMPLE, built in Mon style in 1059 and explore the NANPAYA TEMPLE, a unique sandstone monument which according to legends used to be palace site of the King Manuha. Visit the ARCHAEOLOGICAL MUSEUM housing countless beautiful Buddha images made of bronze, stone and lacquer. Complete the day by watching sunset over the majestic Ayeyarwaddy River.  
*Dinner and overnight at Myanmar Treasure Resort, Bagan*
- 28 APR13** **BAGAN- MANDALAY** **[B-/L-/D]**  
**Sunday** After breakfast, transfer to the airport for domestic flight to Mandalay - time table to be advised.  
You will experience the sights and sounds of Mandalay. The SHWE INBIN MONASTERY; the GOLDEN PALACE MONASTERY, a superb example of a traditional wooden building and the KUTHODAW PAGODA the world’s largest book made of marble.  
Lunch at a local restaurant.  
Visit also one of the most revered religious monuments in Myanmar, the MAHAMUNI PAGODA. Mandalay is also a major arts and crafts centre. Visit to Kalaga tapestry craftsmen’s shop before proceeding to MANDALAY HILL for sunset viewing.  
*Dinner and overnight at Sedona Hotel, Mandalay (Deluxe) No.1 Junction of 26 & 66<sup>th</sup> St, Chan Aye Tharzan Township Ph :( + 95) 2 36488*



- 29APR13** **MANDALAY** [B/-/]  
**Monday** After breakfast, briefings.  
Bus remains at your disposal.  
Lunch is on your own account.  
Afternoon, drive to the 200-year-old U BEIN teak bridge, built in 1782 during the era when Amarapura was the Royal capital.  
*Overnight at Sedona Hotel, Mandalay*
- 30APR13** **MANDALAY – HEHO – INLE LAKE** [B-/L-/D]  
**Tuesday** After breakfast, you will transfer to the airport for domestic flight to Heho - time table to be advised.  
Upon arrival continue to NYAUNG SHWE (90 km – 2 ½ hours) and transfer by boat to your hotel. Visit PHAUNGDAW OO PAGODA; the weaving village of INPAWKHON and to one of the local markets in the Inle Lake region (on market days only).  
After lunch at local restaurant, board your boat to NGA PHE KYAUNG MONASTERY, famous for its jumping cats trained by monks.  
*Dinner and Overnight at Golden Island Cottages I, Inle Lake (Deluxe)*
- 01MAY13** **INN THEIN** [B-/L-/  
**Wednesday** After breakfast, transfer by boat to the western shore of the lake where you will find the beginning of a stair path leading to the well hidden INN THEIN PAGODA complex. Visit one of the most amazing historical sights of Shan state consisting of hundreds of small stupas overgrown by moss and vegetation.  
Lunch at a local restaurant.  
*Overnight at Golden Island Cottages I, Inle Lake*
- 02MAY13** **INLE LAKE – NYAUNG SHWE - TAUNGGYI** [B-/L-/D]  
**Thursday** After breakfast, drive to Taunggyi (40 km – 1 hour), check in to hotel.  
Meeting - own arrangement.  
Bus remains at your entire disposal.  
*Dinner and overnight at Aye Thar Yar Golf Resort, Thaunggyi (Deluxe)*  
*Taunggyi, Shan State Ph: (+95) 81 24245*
- 3 MAY13** **TAUNGGYI – HEHO - YANGON** [B-/L-/  
**Friday** Breakfast at hotel.  
Morning meetings with provincial administration- own arrangement.  
Bus remains at your disposal.  
Afternoon drive to Heho airport (40 km, 1hr) for domestic flight to Yangon - time table to be advised.  
Upon arrival, transfer to hotel.  
*Farewell dinner*  
*Overnight at Traders Hotel, Yangon (Club Suite)*
- 04MAY13** **YANGON- DEPARTURES** [B-/L-/  
**Saturday** After breakfast, visit to Yangon's oldest Chinese temple and continue to the riverside located BOTATAUNG PAGODA.  
Stroll through the BOGYOKE (SCOTT'S) MARKET with hundreds of food, clothes, handicrafts and gems stores (closed on Monday and public holidays).  
Lunch at a local restaurant.  
Transfer to Yangon airport for your international departure.



## **The end of the arrangement and a memorable journey**

### Including:

- All private transfers and tours with English speaking guide as indicated in the program
- Accommodation at hotel in Myanmar with daily breakfast as specified
- All entrance fees as per program
- A/C car for transfers
- Water and fresh tissue during tour
- All meals as specified in the program including welcome and farewell dinners
- Transportation by air-conditioned van/minibus
- Service charges, room tax and baggage handling
- Bus will be remain at your disposal when group has briefing
- Domestic airfare from Bagan – Mandalay - Heho – Yangon

### Not including:

- Travel Insurance
- **International flights from Australia**
- **Tax and airline charges**
- Myanmar Visa (see following notes)
- Personal expenses like drinks, laundry etc.
- Services not specified in the program
- Meals not indicated in the program
- Other program not mentioned in the program
- Porterage at the airports and at hotels (in and out)
- Optional tour in Naypidaw (Safari, Zoo, National Landmark Park)
- Meeting arrangements in Myanmar
- International departure tax at Yangon airport - USD10 per person

### Visa & Passport

Goddard & Howse will arrange the issue of your visas. Simply present your valid passport (please check that your passport has at least six months validity) and passport size photographs at time of final payment and we will do the rest. The current cost of a Myanmar visa is \$35 per application (01 form and 02 photos)

### Travel Insurance

You will need adequate travel insurance for this trip. If you have not made other arrangements we have details of policies which will cover you for most contingencies.

### Travellers Medical Vaccination Centre

We recommend consulting your local doctor regarding current vaccination requirements for travel to this part of the world.

### Frequently Asked Questions

Please visit our website at [www.goddardandhowse.com.au](http://www.goddardandhowse.com.au). Here you will find valuable information which will help with your preparations.