NOTE: This preliminary itinerary only and is subject to change. Venue and exhibition information is based on current available information and may change.

Day 1 - Wednesday 9 September

Today you will travel from Melbourne to Japan. After your arrival in Japan you will transfer to the hotel in the famous Ginza area of Tokyo. Your transfer will depend on the airline you chose to fly with, the airport that you arrive at and your selected mode of transfer. More details will be provided to you at later date. Overnight in Tokyo - Hotel Monterey Ginza.

Day 2 – Thursday 10 September

We start our first day in Tokyo with a visit to the Outer Market area of the Tsukiji Wholesale Markets. Wander the crowded alleys and check out the stalls offering everything from pickled



vegetables to exotic kitchenware. Try some of the freshest seafood that has just been delivered from the nearby auction floor. Next we head to lkebukuro to visit the Jiyu Gakuen School designed by Frank Lloyd Wright. In the early part of the 20th Century, Wright designed many buildings in Japan after he was commissioned to design the Imperial Hotel in Tokyo. The School of the Free Spirit, as it is known, is one of only three of the remaining buildings in Japan designed by Wright. After this, we head

to Tokyo Station for a lunch break and then a walking tour of Marunouchi and Ginza. Ginza is one of Tokyo's most famous shopping districts and Marunouchi is where the first influences of western culture were demonstrated following the Meiji Restoration in 1868. These areas are have many historic and remarkable contemporary architecture such as Tokyo Station, Tokyo International Forum, Mikimoto 2 and Maison Hermes. At the end of the walking tour you are free to explore the area independently. Tonight we will have a welcome dinner. Overnight in Tokyo at Hotel Monterey Ginza.



Day 3 - Friday 11 September

We spend the morning with our scheduled AIIA meetings and business exchanges. More details of these meetings and exchanges will be provided at a later date. Following a lunch break. We head to the striking National Art Center Tokyo in Roppongi and then after that, the fabulous 21_21 Design Sight designed by Tadao Ando. This gallery never fails to host an impressive exhibition. Our formal daily activities conclude here and participants are free to remain in Roppongi or explore Tokyo independently. Overnight in Tokyo at Hotel Monterey Ginza.





Day 4 - Saturday 12 September

We will start our day in the Sendagi and Nezu areas of Tokyo. Much of these areas survived the firestorms following the 1923 earthquake and WW2 bombings. On our way to the historic

Kyu-Yasuda Tei Japan National Trust house, we will have a brief stop at the Nezu Shrine, one of Tokyo's famous shrines. After a lunch break we will travel to Ueno, home to Ueno Park, Ameyokocho markets and the National Museum of Western Art designed by Le Corbusier. We will

then ride the subway to another Tokyo's οħ famous districts, Asakusa where will visit the most

notable attraction in Asakusa is the Senso-ji temple and it's street. Our formal daily vibrant Nakamise shopping activities conclude here and participants free to remain in Asakusa or explore Tokyo independently. Overnight in Tokyo at Hotel Monterey Ginza.



Day 5 - Sunday 13 September

This morning we will visit Omotesando and Harajuku. areas of Tokyo. "Omote-Sando" means the front approach to a shrine, namely Meiji Shrine and is one of the foremost "architectural



showcase" streets in the world, lined with boutique of famous designers and brand names such as Dior, Prada and Louis Vuitton. We will start at the Nezu Museum, which houses an extensive and significant collection of oriental art. We will then walk through Omotesando towards

Harajuku. Following our lunch break we will walk to Meiji Shrine, one of

Japan's most important shrines. If we are lucky, we might see a Japanese wedding at the shrine. Our formal daily activities conclude here and participants free to remain in Omotesando or explore Tokyo independently. Overnight in Tokyo at Hotel Monterey Ginza.



Day 6 – Monday 14 September

We spend the morning with our scheduled AIIA meetings and business exchanges. More details of these meetings and exchanges will be provided at a later date. Our study tour is perfectly timed to coincide with the September Sumo Tournament, so following a lunch break we will then head to Ryogoku to enjoy the action of Day 2. Sumo is an ancient sport with origins dating back more than 400 years. Marvel at the skill and agility of these huge men. Our formal daily activities conclude here and participants free to remain in Ryogoku or explore Tokyo independently. Overnight in Tokyo at Hotel Monterey Ginza.



Day 7 - Tuesday 15 September

Today we will travel to historic Kawagoe, a former "post" town north of Tokyo. Kawagoe has a very interesting history and grew to prominence during the Edo period when the Shoguns



ruled Japan. It was the northern gateway to Edo, as Tokyo was known at that time. We will visit Kitain, a temple complex that is home to the only remaining building from the former Edo Castle. We will then visit the Yaoko Kawagoe Museum by Toyo Ito and conclude our day in

Kawagoe Historic Building Zone where you can do some souvenir shopping, buy some local

sake or possibly something from knife shop where they have been making knives since 1843. We will the travel back to Tokyo where you are free to explore Tokyo independently. Overnight in Tokyo at Hotel Monterey Ginza



Day 8 – Wednesday 16 September

It is a free morning in Tokyo to enable you to explore Tokyo independently. Later in the day



we will travel to Tokyo Station to board the world famous Bullet Train or Shinkansen to Kyoto. The shinkansen can reach speeds of around 250km/hr. Be sure to keep an eye out on the right hand side about a hour after we leave Tokyo Station as you might catch a glimpse of Mt Fuji. We will the travel to the hotel to check and then we will walk through Nishiki Markets, the famous covered markets selling many of Kyoto's local delicacies. We will then continue our walk to the narrow alleyway of Pontocho which is lined with numerous restaurants, some of which have outdoor terraces overlooking the Kamo River. Some of these might be a good place to have dinner. Afterwards participants are tree to explore Kyoto independently at night. Overnight in Kyoto at Hearton Hotel.



Day 9 – Thursday 17 September

This morning will be a Zen experience when first we visit Ryoanji temple and the Kinkakuji (Golden Pavilion), both of which are UNESCO World Heritage Listed Sites. Ryoanji is most famous for it's Zen rock garden. There are 15 rocks set amongst the meticulously raked pebbles, however the

viewer will never be able to see all 15 at once. Kinkakuji is probably the

most emblemic image of Kyoto. The Zen temple is covered in gold leave and is truly and magnificent sight. We then travel to yet another World Heritage Site, Kiyomizudera, or Clear Water Temple, perched 13 metres above the ground below. We then take a stroll through the Machiya lined





back streets to Kodaiji, one of the best shrines in Kyoto but not as busy as many others. We then walk through the Gion Geisha District to the Kamo River where formal activities conclude for the afternoon. Participants are free to explore Kyoto independently. Overnight in Kyoto at Hearton Hotel.



Day 10 – Friday 18 September

Today we take a day trip to Hiroshima. After a couple of hours on the Shinkansen we will then travel to A-Bomb

Dome, Hiroshima Peace Park and Hiroshima Peace Museum. After lunch we travel to the island of Miyajima in the Inland Sea where we will



visit Itsukushima Shrine and it's giant orange Torii gates that appear to float on the water. We the return to Kyoto late in the afternoon. Overnight in Kyoto at Hearton Hotel.



Day 11 - Saturday 19 September

We start the day with a visit to Sanjusangendo, a temple famous for 1001 statues of Kannon, the goddess of mercy. After this, we visit the Kyoto National Museum were will be able to learn a bit more about Japanese culture a. After lunch we travel to Osaka for ANA scheduled meetings and business exchanges. Participants are free to stay in Osaka to explore independently or return to Kyoto. Overnight in Kyoto at Hearton Hotel.



Day 12 - Sunday 20 September

This morning we visit Fushimi Inari Shrine, home to the famous parallel rows of gates called Senbon Torii ("thousands of torii gates"). We then travel to the Suntory Yamazaki Whisky Distillery for a tour of the distillery and

whisky tasting. After lunch break we will catch a train to visit Hikone Castle, one of only several original

construction castles remaining in Japan. Unfortunately most were destroyed following the Meiji Restoration. We then return to Kyoto for a free afternoon where participants can explore Kyoto independently. Overnight in Kyoto at Hearton Hotel.

Day 13 – Monday 21 September (Japanese Public Holiday)



Another sightseeing day in Kyoto, we start at Nijo-jo, the former palace of the Tokugawa Shoguns. Next we travel to

Ginkaku-ji (Silver Pavilion) and it's exquisite Japanese gardens. We then have a free afternoon. Formal activities conclude and participants are free to



explore Kyoto independently. Overnight in Kyoto at Hearton Hotel.

Day 14 – Tuesday 22 September

This morning we check out of the hotel and leave our luggage at reception. We have a free morning to explore Kyoto before we have to return to the hotel to collect our luggage and head to the train station for our return journey to Tokyo by bullet train and then onward to the airport for our flight to Australia.